JUMPING RULES

All participants must have a valid waiver on file before participating.
Children under 18 must have a parent or guardian complete a waiver.
All jumpers jump at their own risk.

Always land on BOTH FEET together in the center of the trampoline. NEVER land on one foot.

If you are a larger person, DO NOT jump or land near a smaller person.

NEVER effect another person’s bounce. Two people landing on the same trampoline can cause double bouncing.

NEVER climb or jump on pads. Jumping too close to pads can cause injuries.

NO running or horseplay allowed.
Do not sit or lie on the trampolines or pads.
Single flips only & only two flips in a row.
When bouncing off of a wall you must return to the trampoline you jumped from.
Pockets & mouths must be empty.
No shoes, bare feet, loose clothing, or jewelry.
Stay in control & know your limits.
Do not grab the top pads or netting.

Have fun, stay safe!

Airheads Adventure Arena
COURSE RULES
ALL PARTICIPANTS MUST HAVE A VALID WAIVER ON FILE BEFORE PARTICIPATING.
CHILDREN UNDER 18 MUST HAVE A PARENT OR GUARDIAN COMPLETE A WAIVER.
ALL JUMPERS JUMP AT THEIR OWN RISK.

- JUMP RULES ALSO APPLY
- MUST BE AT LEAST 48” TALL TO PARTICIPATE
- LONG HAIR MUST BE PULLED BACK AND SECURED
- ONE PARTICIPANT PER LANE
- MUST WAIT FOR ATTENDANT “GO” TO START; PREVIOUS PARTICIPANT MUST EXIT LANE BEFORE YOUR START
- NEVER PASS OVER SOMEONE BELOW YOU
- DO NOT CLIMB SUPPORT COLUMNS
- IF YOU FALL, PLEASE EXIT FOAM IMMEDIATELY & LAND FEET FIRST; DO NOT PLAY IN THE FOAM
- NO FLIPPING, DIVING, SITTING OR LAYING IN THE PIT

HAVE FUN, STAY SAFE!

AIRHEADS ADVENTURE ARENA